



Creating Trauma Sensitive Schools Professional Development Training

Overview

At Ducks & Lions, we provide support to children who have experienced trauma by providing the educators who serve them the tools they need to create trauma-informed schools and culturally competent classrooms. We offer engaging, research-based training and consultation. In addition, we offer school and/or district certification as a **Resilient School Community**. We understand that every school and school district is unique. We can customize our single and multi-day trainings to fit your needs. Our goal is to give YOU the tools you need to support your students with trauma and ALL students.

www.traumasensitive.com

Dr. Melissa Sadin

Ducks & Lions: Trauma Sensitive Resources, LLC





The 4 Rs of Trauma Focused education:

Participants will –

- Realize the prevalence of trauma by understanding the Adverse Childhood Experiences Study (ACEs).
- Recognize the impact of trauma on neurological development, learning and behavior.
- Respond in a trauma-informed way in the classroom and school-wide.
- Resist retraumatization in a culturally competent school community.

Training to fit your unique needs:

Our program can be custom designed to fit the needs of your staff and your professional development timeline.

We offer –

- One day overview,
- Two-day in-depth training,
- Three-day train-the-trainer to build capacity within your staff and district.
- Four-day individual Trauma Focused Educator Certification.
- School and district wide **Resilient School Community Certification**

One Day Overview: Understanding the prevalence of trauma, recognizing how trauma impacts learning and behavior in students, and some classroom strategies for responding in a trauma-informed way.

Two Day In-Depth: More in depth understanding of classroom and school-wide strategies for responding in a trauma-informed way & building a culture of resilience.

Train-the-Trainer: This program is designed to build capacity in a small group of staff and administrators to continue the work in your school or district. An identified cohort will learn how trauma-informed practices fit the RTI framework and will develop action plans.

Trauma Focused Educator Certification: This program is designed to provide selected individual with a deep understanding of trauma informed and culturally competent education.

Professional Development for Teachers, Special Education, and School Leaders

Topics Covered:

- Definition of Developmental Trauma
- **Cultural Competence**
- Adverse Childhood Experiences Study (ACEs)
- Neurobiology of trauma
- Psychological impact of trauma
- Impact of trauma on **learning** and **behavior**
- Strategies for building **resilience**
- Intersection of Social Emotional Learning and Trauma-informed Schools
- The importance of **Self-Care**

Training for Special Educators:

- Neurobiology of trauma
- Psychological impact of trauma
- Impact of trauma on **learning** and **behavior**
- Intersection of learning disabilities and trauma
- The Autistic face of trauma
- Finding trauma in the WISC, WIAT, Woodcock Johnson, BASC, and BRIEF
- **Writing trauma informed IEPS**

Training for School Leaders:

- The challenges of leading for culture change
- **Strategic planning**
- A review of the **data and assessment** tools used in measuring the impact of Trauma informed strategies on learning, attendance, discipline, and climate
- The importance of self-care
- Trauma informed **school policy**

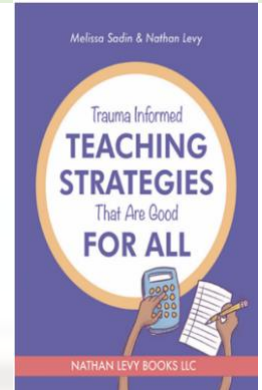
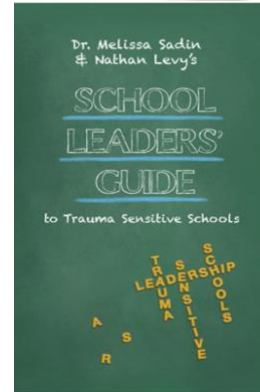
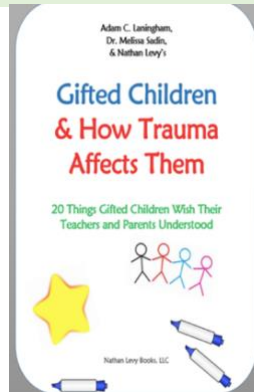
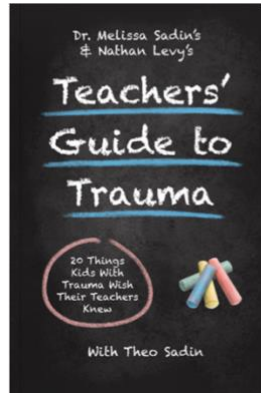
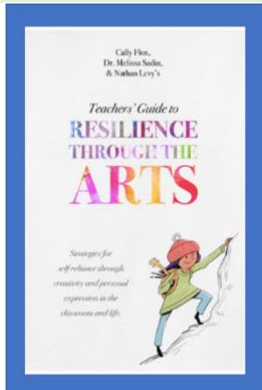
School Name Here
Recognized as a
Resilient School Community
Trauma Informed and Culturally Competent

Ducks & Lions: Trauma Sensitive Resources (D&L) partners with schools and school districts to become Certified Resilient School Communities. Schools and districts achieving Resilient School Community Certification are verified to have fully implemented the Trauma Informed Schools Model by training all staff members in Realizing the prevalence of trauma, Recognizing the impact of developmental trauma on learning and behavior, Responding in a trauma informed way, and Resisting retraumatization by ensuring a culturally competent school community. Schools must have on-site teams of staff members who are individual Trauma Focused Specialists, and to have 3-5-year strategic plan in place for continuing the work.

Attainment of Resilient School Community Certification is typically achieved over a 2-3-year period and requires that the following criteria be met.

1. A Resilient School Community audit is conducted by D&L staff.
2. A four- to six-person Resilient Schools Lead Team is established and in place at each school.
3. All staff members have participated in an overview training of the Resilient Schools Model with training delivered either by D&L staff in conjunction with the Resilient Schools Lead Team members.
4. All members of Resilient Schools Lead Teams have been trained in the four Rs of the Trauma Informed Schools Model and have achieved individual certification as Trauma Focused Specialists.
5. All staff members have been trained in four Rs of the Trauma Informed Schools Model with training delivered by D&L staff or Lead Team members.
6. There is a Trauma Informed School Plan in place for each participating school. Each plan was developed by the school Lead Team under direction of D&L staff. Each plan provides for implementation of the Four Rs Schools Model, continuation of the model over time, and measurements of ongoing success of implementation efforts.
7. Implementation of the Model and compliance with all school and/or district certification requirements (Items 1-6 above) verified by D&L staff.
8. Certification is awarded for two years and may be renewed by biannual verification of all certification requirements by D&L staff.

Books by Dr. Sadin



Books are available directly from Dr. Sadin. Discounts available for bulk orders. Contact us for a quote – Melissa.sadin@gmail.com



Dr. Sadin has served as a special education teacher, a gifted education teacher, and a building administrator. Dr. Sadin has been vice-president of her local School Board and is recognized as a Master School Board Member. She has conducted research on the perceptions of teachers working to create trauma-informed classrooms. Dr. Sadin is a published author and has produced numerous webinars on children with attachment trauma in schools. Currently, Dr. Sadin works as a special education director and an education consultant and developmental trauma expert providing professional development to school districts, municipal service providers and parents. Nationally, Dr. Sadin is a highly sought-after keynote speaker and conference presenter. Her Trauma Guide Series of books are available on her website, www.traumasensitive.com.

Contact us for a Quote Today!

www.traumasensitive.com

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Meet our team of Highly Qualified Trainers!



Ilene Pawlak

- 35 years of experience in early childhood
- Responsive Classroom experience
- Experienced professional development trainer
- Certified English Language Learner Instructor



Janis Bozowski

- Experienced elementary school principal
- District-wide professional development leadership experience
- Physical education teacher at the elementary and middle school levels
- Responsive Classroom experience
- Passionate about teacher self-care



Ralph Rothacker

- Currently principal at a residential program for at-risk adolescent girls
- 25 years of administrative experience
- 14 years teaching experience
- Co-Author of ***School Leaders' Guide to Creating Trauma informed Schools***
- Devoted to maximizing students' potential through trauma informed school development.